



# Amy Lou Jenkins

BSN, MFA

Award-Winning, Bestselling Author

## SIGNATURE CONVERSATIONS

Amy Lou Jenkins BSN MFA award-winning author of *Every Natural Fact*, *Corners*, *Friends*, *Single Scull Rowing*, and the forthcoming memoir *The Alchemy of Sass: A Revolution of Becoming and Belonging*. Her work explores identity, resilience, nature, and truth-telling with depth and wit.

• Award-winning Author, Midwest Booksellers Choice Award, USA Book Award, Ellis Henderson Outdoor Writing Award, and more.  
• Broadcast Experience includes: WUWM Lake Effect, Arkansas Public Radio (Hot Springs Documentary Film Festival), Alaska Public Radio (Kachemak Bay Writers' Conference), Wisconsin Public Radio (Hotel Milwaukee)  
• Experienced Speaker & University Educator: Lecturer at universities & adult education programs, Workshop leader & panelist, including NonFictionNow, Author of *Playing Khronos*

📱 Connect with Amy

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✓ **The term #Tradwife is ultimately un-American – even though that's what my parents wanted for me**

- You've called the #tradwife trend a performative contradiction. What do you mean?
- In what ways does the legacy of coverture still shape identity today? How is this connected to the lies and assumptions women inherit?
- What happens to families, communities, and democracy when women jettison their power?
- What's your beef with Mother's Day?

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✓ **The F-Word Reclaimed: Feminism isn't dead – it does need a reintroduction**

- Why do so many people react negatively to the word feminism?
- While adventure is marketed as empowerment, you say nature offers something deeper and more democratic. How does this challenge patriarchy?
- What does it mean to reclaim feminism—not just as a movement, but as a personal practice?

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✓ **AI is an amalgamation of ideas from other people – don't let it rob you of your identity**

- You've said, "Commercialism requires us to believe something is wrong with us." How can we counter that influence?
- How does time in nature help us when we're surrounded by digital noise?
- In what ways can journaling help us untangle our values from the expectations we've absorbed from culture, media, or tech?

🌟 **Special Bonus for Podcast Listeners: Free download of *Every Natural Fact* – Award-Winning, Bestseller**