

AMY LOU JENKINS

Speaker • Award-Winning Author • Educator • Former Healthcare Director

Amy delivers thoughtful talks that help audiences question inherited beliefs, recognize when silence or belonging pulls them away from their values, and turn lived experience into clearer choices, stronger voice, and meaningful action.

Author | Educator | Speaker | BSN, MS, MFA



INTERNATIONAL CONFERENCE PRESENTER
NonfictionNow panel lead and presenter



20+ YEARS TEACHING
University, business, and literary audiences



AWARD-WINNING AUTHOR
Five narrative nonfiction books

SIGNATURE STAGE TALKS TOPICS

- 1 **Programmed for Service, Silence, and Sacrifice: How to Question What You Inherited and Choose Your Values**
- 2 **Sass Saved My Life: Why Answering Back is an Act of Moral Courage**
- 3 **Use values in clusters, so choices honor your ethics and reveal unproductive inherited programming.**
- 4 **How Nature Helps Us Turn Down the Lies of Civilization**
- 5 **Mine the Meaning: How Real Life Becomes a Story That Matters**



WHAT EVENT ORGANIZERS GET

- Thoughtful talks built from examined experience and an evidence-seeking perspective.
- Complex cultural ideas translated into clear, memorable language.
- Practical questions and frameworks audiences can use after the program.
- Experience across universities, literary programs, business, nonprofit, and public speaking.
- Adaptable content for literary, women's, civic, and educational audiences.



AUDIENCE TAKEAWAY

- ✓ Recognize inherited beliefs and examine which reflect chosen values.
- ✓ Notice when silence or agreeableness conflicts with judgment and values.
- ✓ Identify meaningful writing projects and mine experience for story or journaled reflection.



IDEAL STAGE / EVENT AUDIENCES

- Author events, literary festivals & major book programs
- Universities, libraries & writers' conferences
- Women's conferences
- Cultural & civic events
- Idea-driven gatherings for readers, writers & lifelong learners



CREDIBILITY & INTELLECTUAL PROPERTY

Leadership experience across business, community higher education & literary programs Panel leader and workshop facilitator for universities and conferences.



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STAGE INQUIRIES

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